

CITY

STYLE AND LIVING

FOOD FASHION TRAVEL

*** GRAND
CAYMAN**
Adventures in
the idyllic
Caribbean Isle

**TRANSFORMING
TARA SLONE**
From Breakfast
Television host to
Glam goddess

**OUR
BIG FALL
ISSUE!**

FALL 2011
\$5.50 CAN
www.citystyleandliving.com



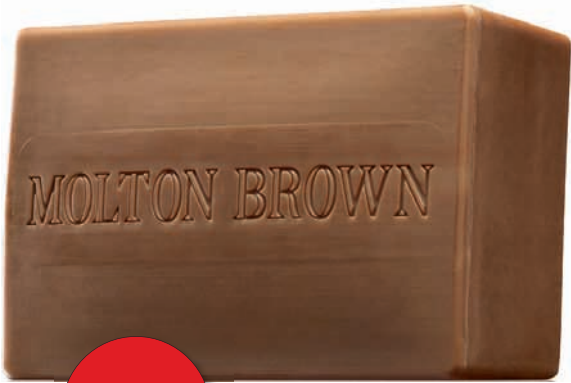
*EDMONTON
EATS*

**4 RESTAURANTS
THAT INSPIRE,
AMUSE AND
DELIGHT**

14 LETS MAKE A DEAL Great Products

Products CSL loves, and you should try too.

BY NATALIE FOX



EDITOR'S PICK

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1. BAR NONE

Men and women will adore this aromatic bar which gives a creamy foam. **Molton Brown Moisture Rich Aloe and Karité Ultrabar**, \$22, www.moltonbrown.com

2. THOSE LIPS

For a gorgeous shade of red, suited for multiple skin tones try **Iman Cosmetics Luxury Moisturizing Lipstick**, \$15.99, www.imancosmetics.com.

3. SMOOTH OPERATOR

Smooth lines and reduce the appearance of wrinkles with **Kiehl's Double Strength Deep Wrinkle Filler**, \$57, kiehl.ca

4. LIP SERVICE

Keep lips soft and hydrated with **Eos Smooth Sphere in Honeysuckle Honeydew** made with natural and organic ingredients you want and none of the stuff you don't want (think parabens and petrolatum), www.evolutionofsmooth.com

5. THOSE EYES

For the perfect cat eye liner try **Clarins Instant Line**. The sultry look was never easier, \$28, www.clarins.ca

6. SCIENCE FAIR

Want a single treatment for the ten most visible signs of aging? Want a solution for all skin types? Want a formula free of parabens, fragrance, sulfates, artificial colours and fillers? **Perricone MD Cold Plasma** is a rich creamy answer that you'll love using every day. \$150, www.perriconemd.com

7. BLOOMING GOOD

These sulfate-free shampoo and conditioner rejuvenate the scalp, add volume to your roots and leave hair hydrated and shiny. Plus the cherry infused scent is irresistible. **Organix cherry blossom ginseng shampoo and conditioner**, \$7.99, beautypureandsimple.com

8. RIDE THE WAVES

Conair and John Frieda haircare professionals collaborated on an exciting range of styling tools, sold exclusively at Walmart. Get sexy waves in minutes (literally one CSL staffer with very long hair styled her locks within 10 minutes). Ionic conditioning and the ceramic technology also ensure hair is soft, and shiny with no frizz. Plus the iron heats up in less than thirty seconds. **JFC9 John Frieda Loose Curls 1 1/2 Curling iron**, \$49.99; www.conaircanada.ca

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COURTESY: ORGANIX, EOS, JOHN FRIEDA, PERRICONE MD, CLARINS, KIEHL'S, IMAN, MOLTON BROWN

The CSL GREEN ticker

Try a soy-based natural bug repellent like Bite Blocker or Repel's Lemon Eucalyptus Spray. / Men – opt for an old

9. PAINTERS PALETTE

This long-lasting earth tone eye-shadow palette is irritant and fragrance free. Just in time for Fall, the **Borghese Shadow Milano Trio** takes its colour cues from the famed Italian city. \$33, www.borghese.com

10. NAILED DOWN

Create a manicure quickly with fast drying **Sula Beauty Paint and Peel Duo** in Dove. Plus it is easy to peel without remover. \$9 (USD), www.sulabeauty.com

11. KEEP YOUR BOOTS ON

The number one anti-aging brand in Britain comes to Canada with this velvety serum, an extension of the original beauty serum that made headlines in 2009. Argan oil and hyaluronic acid hydrate and tone skin while alfalfa extract boosts collagen and elastin in the skin. **Boots no.7 Protect and Perfect intense body Serum** at Shoppers Drug Mart, \$29.00; www.boots.com

12. HERBS THAT HEAL

Elemental Herbs Herbal Healing Kit is an assortment of products (2 Lip Balms, All Good Goop and Herbal Cool) in an organic cotton bag. Perfect as part of a travel or medicine kit, it is made with healing plants. The All Good Goop alone is a saviour on long trips, great for cuts, scars, bruises, and diaper rash. \$24, elementalherbs.com.

13. IT'S ANGELIC

Known for its hydration properties, Organic Angelica (extracted from both the oil and water from the plant) is the star ingredient in this line from L'Occitane. The hydration cream leaves skin plump while protecting from free radicals. **L'Occitane angelica hydration cream**, \$46, ca.loccitane.com

14. HONEY HONEY

New Zealand's renowned Manuka honey moisturizes skin in this sweet smelling mask. **Antipodes Manuka Honey Mask**, \$39, www.antipodesnature.us

We love that the curling iron is easy to use.



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CSL Find!

BOOTIGHTS: TIGHTS MEET SOCKS

Have you ever layered socks over tights to prevent freezing toes in the winter? Shelby Mason has a solution – Bootights. A hybrid moisture-wicking mid-calf or ankle sock and tight, Bootights were born of Mason's frustration at an airport security line. Bootights are ideal for travel and our crisp fall days.

From \$30 USD; www.bootights.com



fashioned straight razor or metal safety razor instead of plastic. /Give trees as birthday, wedding or party favours. /Try ramie an ancient Asian fibre. >>